



appetisers

Firecracker Chicken Kebabs Chicken breast skewers coated in a Cajun batter & served with a sweet honey & cracked pepper dip.	£5.50
Deep Fried Mushrooms  Mushrooms hand coated in fresh breadcrumbs & served with our homemade garlic mayonnaise.	£4.95
Chicken Wings Crispy chicken wings served with our homemade barbeque or sweet & sour sauce.	£5.25
Hummus, Tehina & Falafel  A selection of classic Israeli dips served with hot pitta bread & Israeli mixed salad. Add shawarma for £2 extra!	£5.25
Salt & Pepper Chicken Drumsticks  Two crispy chicken drumsticks sautéed with onions, peppers, garlic & chilli. Finished with a salt & cracked black pepper seasoning.	£5.25
Duck Spring Roll Wok vegetables combined with shredded duck, wrapped in a crispy pancake & served with our homemade sweet & sour sauce.	£5.50
Sesame Chicken Toast Oriental chicken on bread triangles, coated in sesame seeds and fried until golden brown. Served with hoi-sin dipping sauce.	£4.95
Chopped Liver Traditionally prepared. Served with pickled cucumber & matzo crackers.	£5.25
Egg & Onion  Chopped egg & spring onion combined with mayonnaise. Served with pickled cucumber & matzo crackers.	£4.25
Liver & Egg Appetiser 'The best of both worlds'. Served with pickled cucumber & matzo crackers.	£4.95

appetisers for two

Ultimate Israeli Platter Hummus, tehina, falafel, shawarma, Israeli mixed salad, pickles, olives & hot pitta bread.	£12.50
Ultimate Combo Platter Why not try a bit of everything? A mouth-watering platter of crispy chicken wings, deep fried mushrooms, sesame chicken toast, tempura vegetable kebabs, firecracker chicken kebabs & garlic bread. Served with garlic mayonnaise, sweet chilli syrup & hoi-sin dipping sauces.	£14.95
Middle Eastern Platter  Smoked aubergine dip, Turkish salad, aubergine picante, tabbouleh, white cabbage salad, hummus & tehina. Served with hot pitta bread.	£10.95

soups

Chicken Soup Served with kneidlach & lockshen.	Regular £3.95 Large £4.50
Vegetable Soup  Prepared daily with fresh mixed vegetables & barley.	
Soup of the Day Please ask for today's choice.	

main courses

J.S. Special Beef Croustade A prime rib-eye steak topped with a stuffing of wild mushrooms, shallots, garlic & warm herbs, encased in filo pastry & cooked until crisp & golden with a red wine jus. Served with roast & mashed potatoes & seasonal vegetables.	£19.95
Hot Salt Beef Slices of seasoned & cured salt beef, garnished with pickled cucumbers & homemade coleslaw. Served with a choice of side order.	£15.50
Bangers & Mash The finest beef sausages grilled & served with homemade mashed potato & a rich onion gravy.	£10.50
J.S. Steak Pie Prime steak braised in a rich meat gravy & topped with a puff pastry lid. Served with a choice of side order.	£10.95
Liver & Onions Pan-fried liver cooked to your liking with sautéed onions & garnished with roasted vegetables. Served with a choice of side order.	£13.95
Meatball Skewers in Barbeque Sauce Prime minced beef, seasoned & braised in barbeque sauce. Served nesting on plain or Italian rice with a salad garnish.	£10.95
Lamb Henry A large, succulent shank of lamb, cooked on the bone for extra tenderness in a red wine, rosemary & mint jus. Served nesting on garlic & herb game potatoes.	£15.95
J.S. Shawarma A portion of our freshly cut lamb shawarma served with hot pitta bread, hummus, chopped mixed salad, pickles. Served with a choice of side order.	£11.95
Fajitas  Vegetarian £12.50  Steak £18.50 Chicken £14.50 Strips of steak, chicken or seasonal vegetables pan-fried with onions, mixed peppers & garlic in a fiery fajita seasoning. Served with tortilla breads, hot salsa & cool cucumber mint dip, to make your own combination.	
Roast Chicken Dinner A roast chicken breast or leg served with seasonal vegetables, roast & mashed potatoes, stuffing & gravy.	£13.50
Teriyaki Chicken A fillet of chicken marinated in our homemade teriyaki sauce, grilled until caramelized & served on a tagliatelle stir-fry with sesame & soy.	£13.50
Mini Chicken Schnitzels Three mini chicken fillets hand-coated in breadcrumbs, stacked & accompanied with a tomato & sweetcorn salsa. Served with a choice of side order.	£12.95
Sesame Chicken Pieces of chicken breast cooked on the skewer in our special sesame seed batter. Served on emerald egg fried rice with your own pot of sweet & sour sauce.	£13.50
Classic Fish & Chips A fresh fillet of haddock coated in our own crisp batter. Served with chips and 'Manchester caviar'.	£10.95
Teriyaki Salmon A fillet of salmon marinated in our homemade teriyaki sauce & grilled until caramelized. Served on cucumber ribbons in a light & creamy mint & dill dressing with hot buttered new potatoes & parsley.	£12.50

key  = Hot & Spicy  = Vegetarian

grills

All grills are served with a choice of one side order

Char-Grilled Steak A prime rib-eye steak cooked to your liking.	8oz 12oz	£16.50 £19.50
Three Pepper Steak A prime rib-eye steak coated in crushed black, pink & green peppercorns for an aromatic flavour.	8oz 12oz	£16.50 £19.50
J.S. Mixed Grill Steak, chicken fillet, lamb chop, liver & onions, Lamb Shawarma garnished with onion rings & a vegetable skewer.		£19.95
J.S. Steakburger A whopping half pound burger lightly flavoured with our new secret spices, served in a sesame seed bun with lettuce, tomatoes, fried onions, pickles & coleslaw on the side.		£10.50
Minted Lamb Chops (or Plain Grilled) The finest first cut lamb chops coated with a mint & peppercorn glaze and cooked to your liking.		£14.50
Cajun Chicken Fillet (or Plain Grilled) Fillet of chicken dusted with Cajun spices, char-grilled & served on a bed of sweet & sour stir-fried vegetables.		£12.50

salads

Shawarma Salad A portion of our lamb shawarma, freshly cut off the spit & served on a large mixed salad with a pot of hummus.	£12.95
Poached Salmon Salad A fillet of fresh salmon lightly brushed with a lemon & dill dressing, simply poached & served on a large mixed salad.	£12.50
Create Your Own Chicken Salad Char-grilled chicken breast with your own favourite flavour. Choose from;	£11.95
Cajun Seasoning Teriyaki Glaze Three Peppercorn	Hickory Smoked Breaded Lemon Pepper Simply Grilled

side orders

Chips	£2.50	Vegetable & Beansprout Salad	£2.95
Latke	£2.25	House Salad	£2.25
Mashed Potato	£1.95	Israeli Mixed Salad	£2.50
Garlic & Herb Game Potatoes	£2.50	Coleslaw Salad	£2.25
Seasoned Roast Potatoes	£2.50	Mixed Olives	£2.75
Emerald Egg Fried Rice	£2.25	Pitta Bread	£0.95
Boiled Rice	£1.95	Garlic Bread	£1.95
Steamed Seasonal Vegetables	£2.25	Sweet & Sour Cucumbers	£0.95
Meat Tzimmus	£3.50	Sour Cucumbers	£0.95

extras

Mixed Pickle Platter Sweet & sour cucumbers, sour cucumbers, mixed olives & hot peppers.	£3.75
Mixed Salad Platter Israeli mixed salad, coleslaw, vegetable & beansprout salad.	£4.95


lunch menu

2 courses for £7.95
per person including tea or coffee

Available Sunday to Thursday 12.30pm - 2.30pm

starters

Chicken Soup
Served with lockshen & kneidlach.

Vegetable Soup 
Prepared daily.

Soup Of The Day
Please ask for today's choice.

Deep Fried Mushrooms

Egg & Onion

mains

Worsht, Mushroom & Caramelised Onion Toasted Sandwich
A triple tier sandwich with hot worsht, mushrooms, caramelised onion & lettuce served between three slices of toast.

Pickled Brisket Sandwich
Served on white or rye bread, with coleslaw & pickles.

Chopped Liver Sandwich
Served on white or rye bread, with coleslaw & pickles.

Chopped & Fried Fish
Served hot or cold with coleslaw.

Tuna Mayonnaise Salad *
A large mixed salad topped with tuna mayonnaise and garlic & herb croutons.

Omelette
Choose any two fillings to create your own:

Mushrooms	Tomatoes
Peppers	Potatoes
Onions	Worsht

Main courses include a choice of chips, mash, latke, rice, chopped mixed salad or coleslaw.

* Excludes extra side order

early bird menu

2 courses for £9.95
per person including tea or coffee

Available Sunday to Thursday
12.30pm - 2.30pm & 5.30pm - 6.30pm

starters

Chicken Soup
Served with lockshen & kneidlach.

Vegetable Soup 
Prepared daily.

Soup Of The Day
Please ask for today's choice.

Sesame Chicken Toast

Deep Fried Mushrooms 

Tempura Vegetable Kebabs 

Liver & Egg Appetizer

mains

Steak Pie
Prime steak braised in a rich meat gravy & topped with a puff pastry lid.

Mini Chicken Schnitzels
Three mini chicken fillets hand-coated in breadcrumbs, stacked & accompanied with a tomato & sweetcorn salsa. Served with a choice of side order.

J.S. Steak Burger
A whopping half pound burger lightly flavoured with our new secret spices, served in a sesame seed bun with lettuce, tomatoes, fried onions, pickles & coleslaw on the side.

Meatball Skewers in Barbeque Sauce *
Prime minced beef, seasoned & braised in barbeque sauce. Served nesting on plain or Italian rice with a salad garnish.

Bangers & Mash *
The finest beef sausages grilled and served on homemade mashed potato with a rich onion gravy.

Classic Fish & Chips *
A large fillet of haddock coated in our own crisp batter. Served with chips and 'Manchester caviar'.

Hot Chicken Salad *
A crisp mixed salad topped with strips of freshly grilled chicken breast.

Main courses include a choice of chips, mash, latke, rice, chopped mixed salad or coleslaw.

* Excludes extra side order



7-9 Kings Road
Prestwich
Manchester
M25 0LE

tel 0161 798 7776
web www.the-js.co.uk

All prices include VAT.

Minimum order of one main course per person after 5.30pm

Service charge not included. All gratuities go directly to the staff.

Due to the presence of nuts in some products nut traces may be found in any of our menu items.

Please note all fried foods are to be considered meaty.

Please note that payment methods accepted are cash and debit/credit cards only. Cheques are no longer accepted.



Glatt Kosher Under supervision of the Manchester Beth Din

lunch menu

